

# Take 15<sup>for</sup> Physical Activity

www.MarylandPublicSchools.org

for the Health of It!

## Poster Contest

**WHO?** Maryland Public Schools Students!

- Open to all students in grades 3, 4, and 5

**WHAT?** Display Your Creativity...design a 16" x 20" poster showing the "Importance of Daily Physical Activity."

**WHY?** Increasing physical activity is important to your health AND there are great prizes!

Prizes...Wii console/game (*1 per grade level*)

...\$50 gift cards to PRIME Outlets (*40 in all*)

**WHEN?** Posters **MUST** be postmarked by **November 13, 2009**.

**WHERE?** Submit entries to your designated school official.

Visit [www.MarylandPublicSchools.org](http://www.MarylandPublicSchools.org) & click on the  
"Take 15 for Physical Activity" link for further details.

